

## **Start sign**

The team should move off with the start sign on their right. There is no requirement for the team to be in a particular position, e.g. sit or stand. The team should start facing the sign. Timing begins as they pass the start sign.

**START**

## **Finish sign**

The timer stops as the team pass the finish sign. There is no requirement for the team to stop at the sign.

A red banner with a wavy top and bottom edge, featuring the word "FINISH" in large, bold, black, sans-serif capital letters.

**FINISH**

## **Bonus start sign**

The team should move off with the bonus start sign on their right. There is no requirement for the team to be in a particular position, e.g. sit or stand. The team should start facing the sign. Scoring begins as they pass the start sign.

**BONUS  
START**

## **L1-1(s) Stop**

The team stops and the dog sits by the handler's left leg. Dog and handler should be facing forwards.





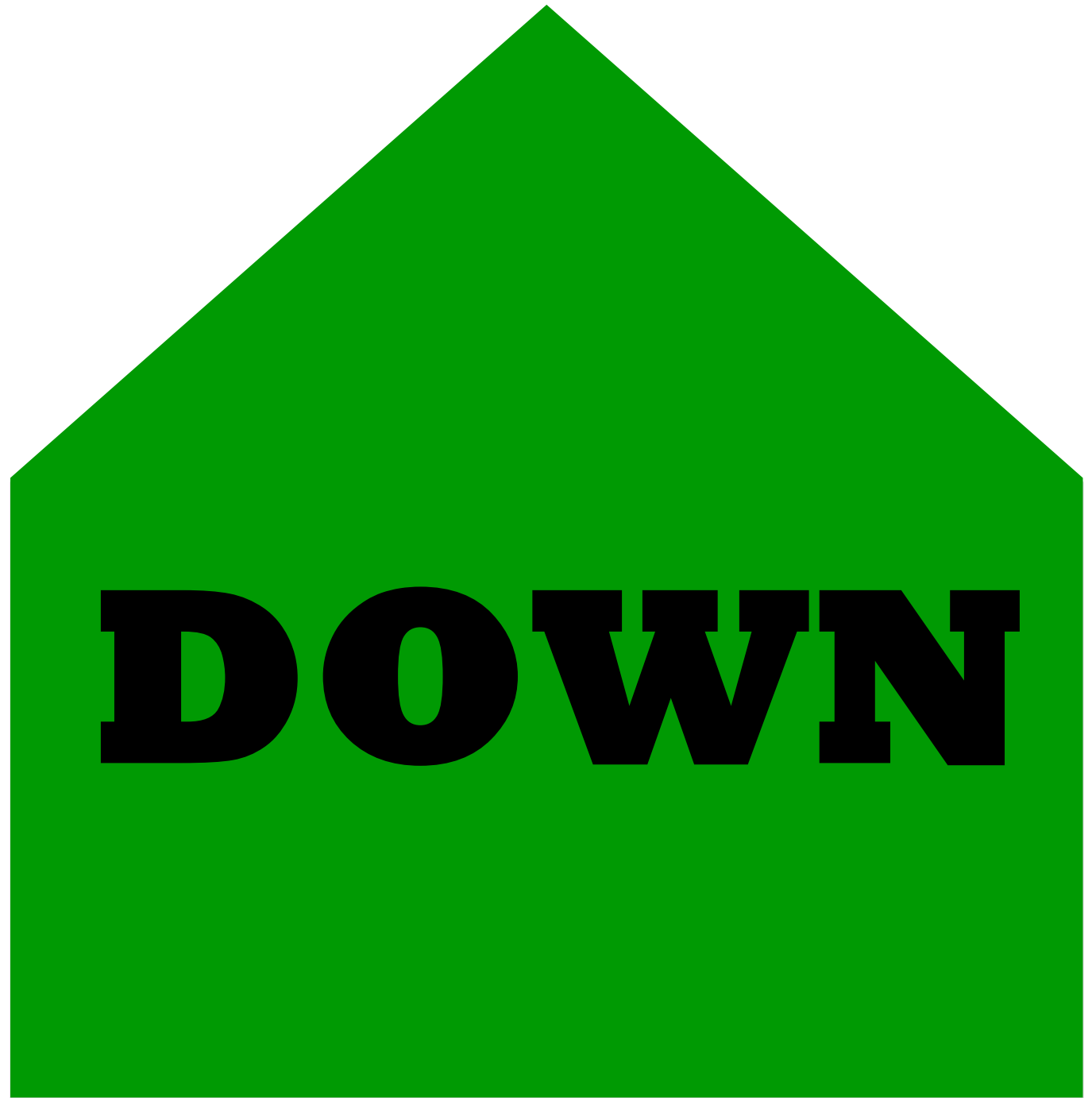
## **L1-2(s) Stop, stand**

The team stops and the dog sits by the handler's left leg. Then the dog is asked to stand before the team moves forwards. The handler is permitted to move from heel position in order to cue the stand, returning to the heel position before moving on. There should be a moment of stillness in the stand before the team moves forwards, i.e. there should be a definite stand rather than moving forward directly from the sit.



## **L1-3(s) Stop, down**

The team stops and the dog sits by the handler's left leg. Then the dog is asked to lie down before the team moves forwards. The handler is permitted to move from heel position in order to cue the down returning to the heel position before moving on. The dog should move forward directly from the down, i.e. no sit.



## **L1-4(s) Stop, down, sit**

The team stops and the dog sits by the handler's left leg. Then the dog is asked to lie down, then sit before the team moves forwards. The handler is permitted to move from heel position in order to cue the down and sit, returning to the heel position before moving on.



## **L1-5(s) Stop, walk around**

The team stops and the dog sits by the handler's left leg. Dog and handler should be facing forwards. The dog remains in the sit as the handler walks 360°, clockwise or anti-clockwise, around him.





## **L1-6(s) Stop, down, walk around**

The team stops and the dog sits by the handler's left leg. Then the dog is asked to lie down. The handler is permitted to move from heel position in order to cue the down. The dog remains in the down as the handler walks 360°, clockwise or anti-clockwise, around him. Then the team moves forwards. The dog should move forward directly from the down, i.e. no sit.



**STOP**



**DOWN,  
WALK  
AROUND**

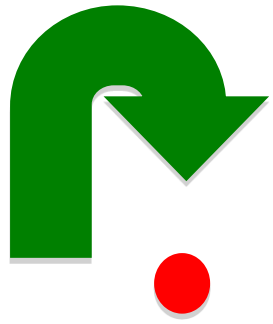
## **L1-7(s) Stop, 1,2,3 steps**

The team stops and the dog sits by the handler's left leg. Then the team moves one step forward and the dog sits again. Then the team moves 2 steps forward and the dog sits. Finally the team moves 3 steps forward and the dog sits.



## **L1-8(s) Call front, 1,2,3 steps back, right, forward**

The team stops and the dog is asked to come round to sit facing the handler, no sit at left heel. The handler then takes a step back. Simultaneously, the dog moves out of the sit and takes a step forward, still facing the handler. Then the handler takes two steps back, then 3 steps back. Each time the handler starts moving, the dog should move forward. And each time the handler stops the dog should sit. Finally, the dog is asked to move to the handler's left heel position by walking around the handler to the right. The dog does NOT sit. Then the team moves forward to the next station.



# **CALL FRONT**

**1 STEP BACK**

**STOP**

**2 STEPS BACK**

**STOP**

**3 STEPS BACK**

**STOP**

# **RIGHT FORWARD**

## **L1-9 Normal pace**

The team walks at a comfortable, natural pace with the dog at heel position.





## **L1-10 Fast pace**

The team moves at a noticeably faster pace than normal with the dog at heel position. The dog should maintain heel position with the handler at all times.



**FAST**  
**PACE**

## **L1-11 Slow pace**

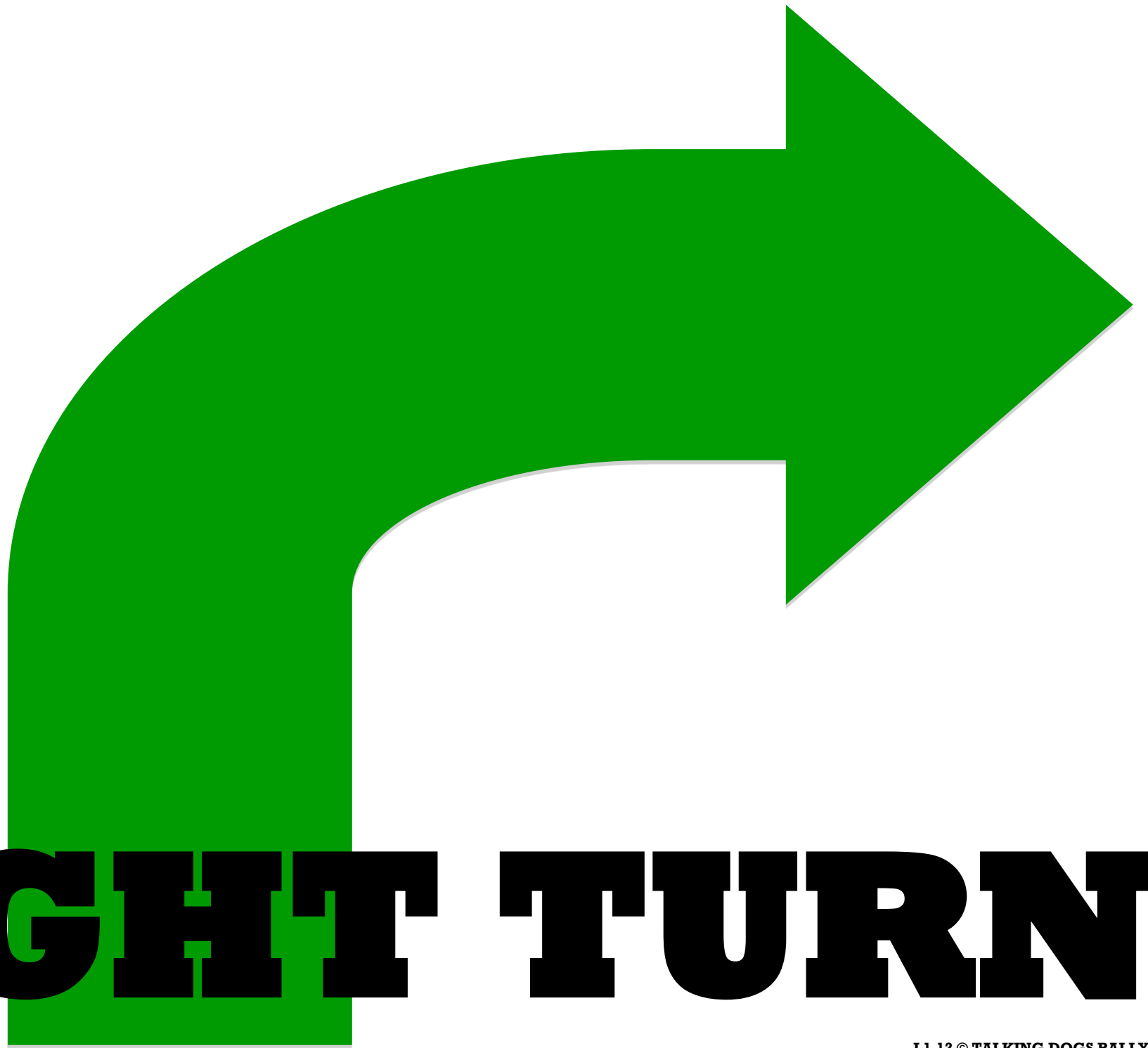
The team walks at a noticeably slower pace than normal with the dog at heel position. The team should not come to a stop, nor should the dog sit at any time during slow pace. The team should be in continuous forward motion. The dog should maintain heel position with the handler at all times.



**SLOW**  
**PACE**

## **L1-12 Right turn**

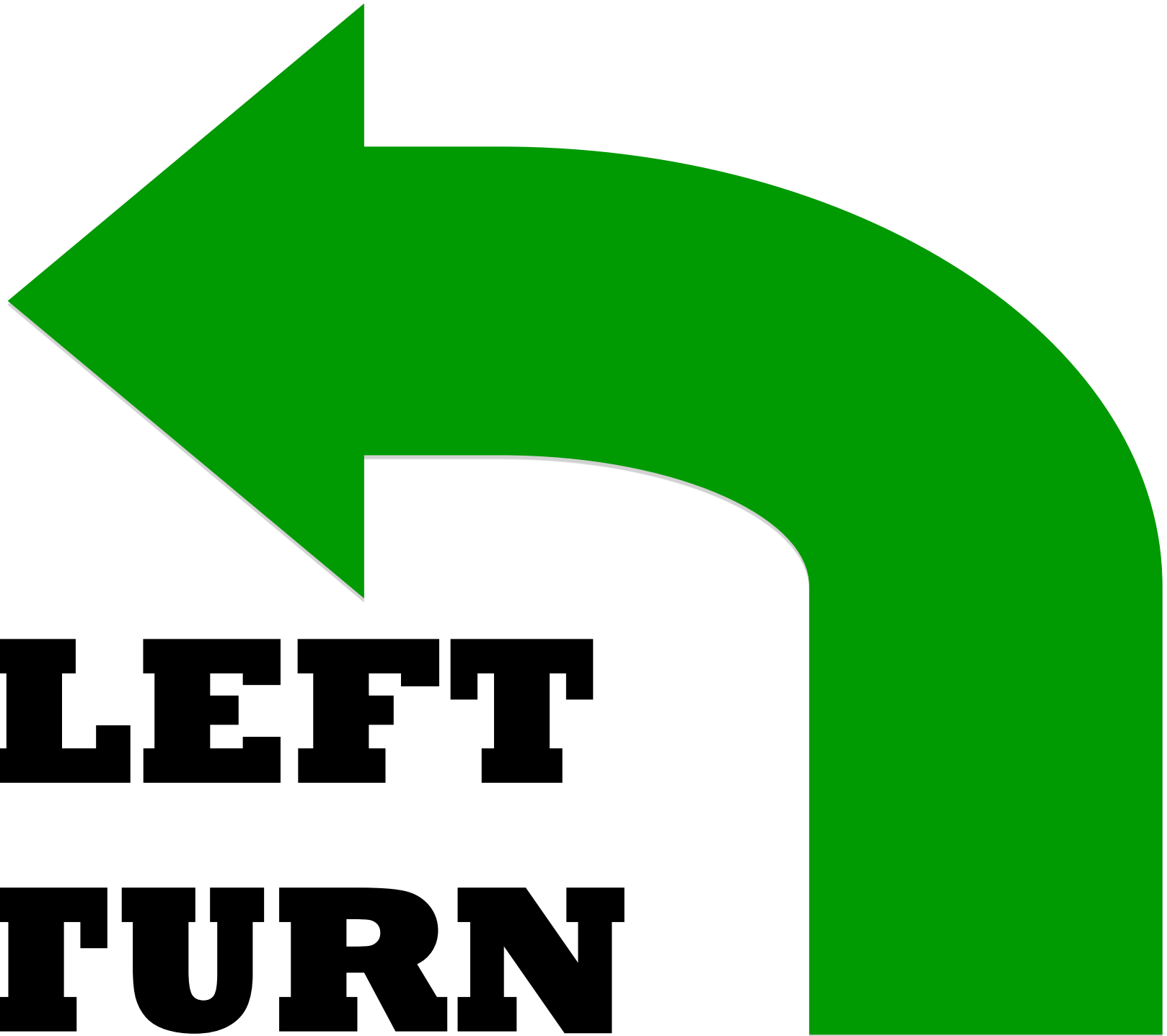
The team turns 90° smoothly to the right. This turn should arc rather than turn sharply.



**RIGHT TURN**

## **L1-13 Left turn**

The team turns 90° smoothly to the left. This turn should arc rather than turn sharply.



**LEFT  
TURN**



## **L1-14 U turn right**

The team turns  $180^{\circ}$  smoothly to the right. This turn should arc rather than turn sharply.



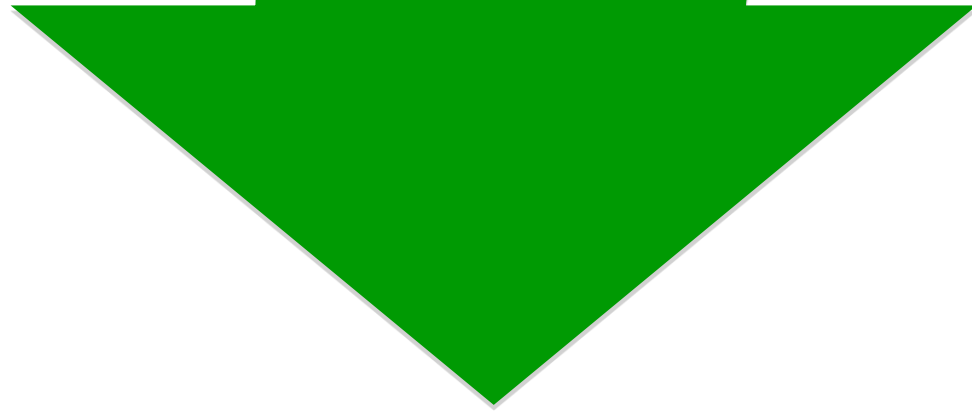
**U TURN**

**RIGHT**

## **L1-15 U turn left**

The team turns 180° smoothly to the left. This turn should arc rather than turn sharply.

**U TURN**

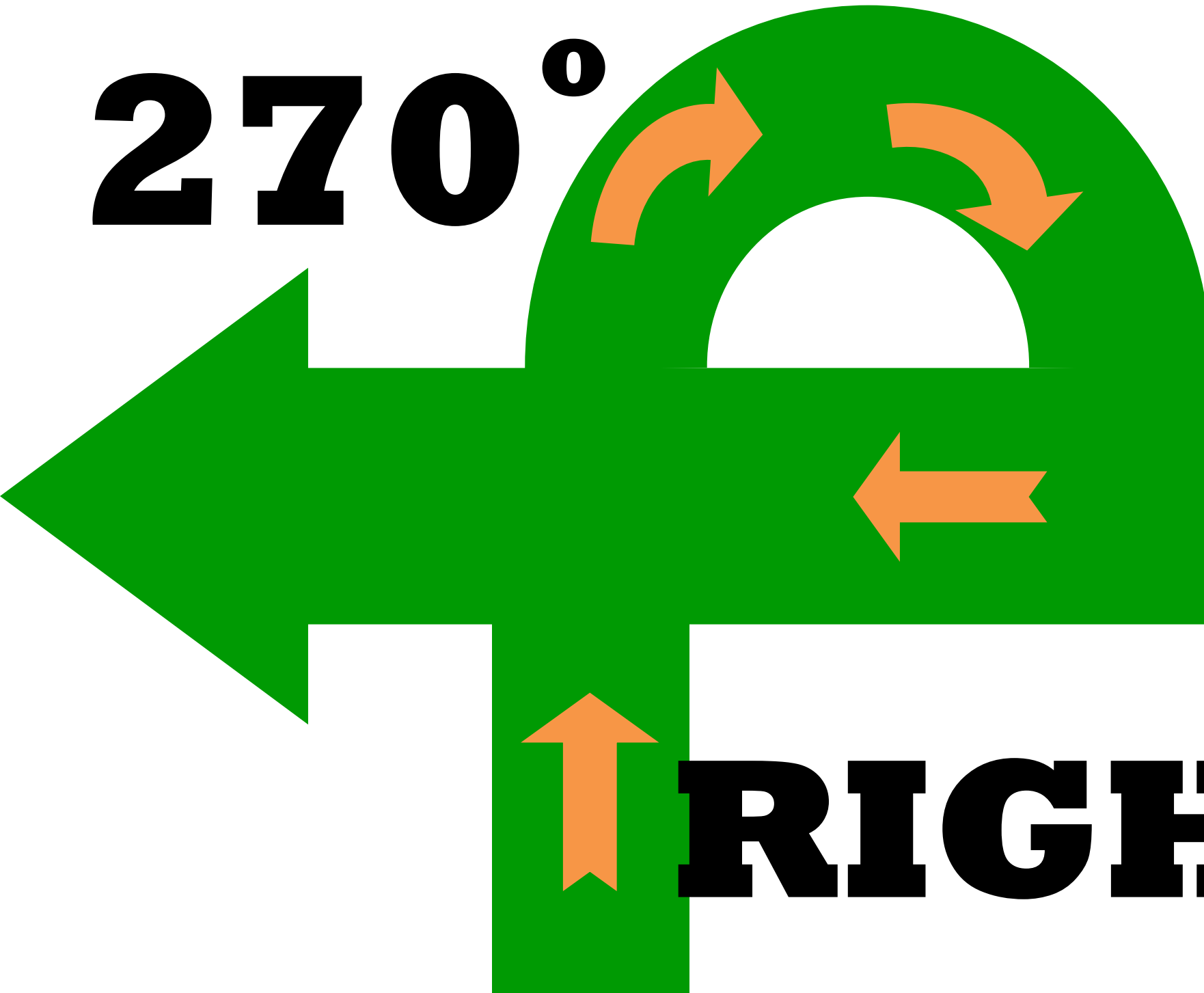


**LEFT**

## **L1-16 270° right**

The team turns 180° smoothly to the right, then makes a sharp 90° turn to the right. These turns should flow into each other as one continuous movement.

**270°**

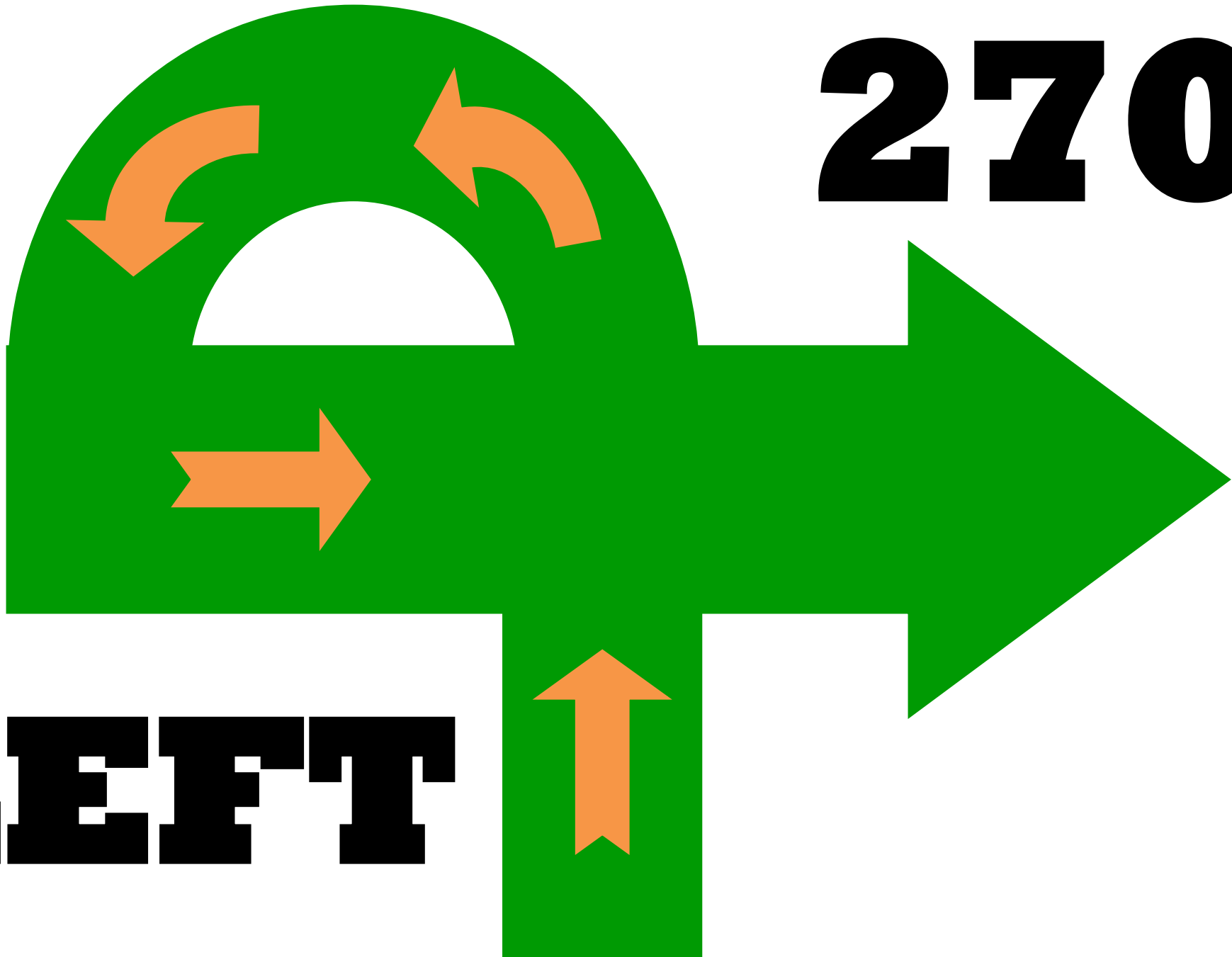


**RIGHT**

## **L1-17 270° left**

The team turns 180° smoothly to the left, then makes a sharp 90° turn to the left. These turns should flow into each other as one continuous movement.

**270°**



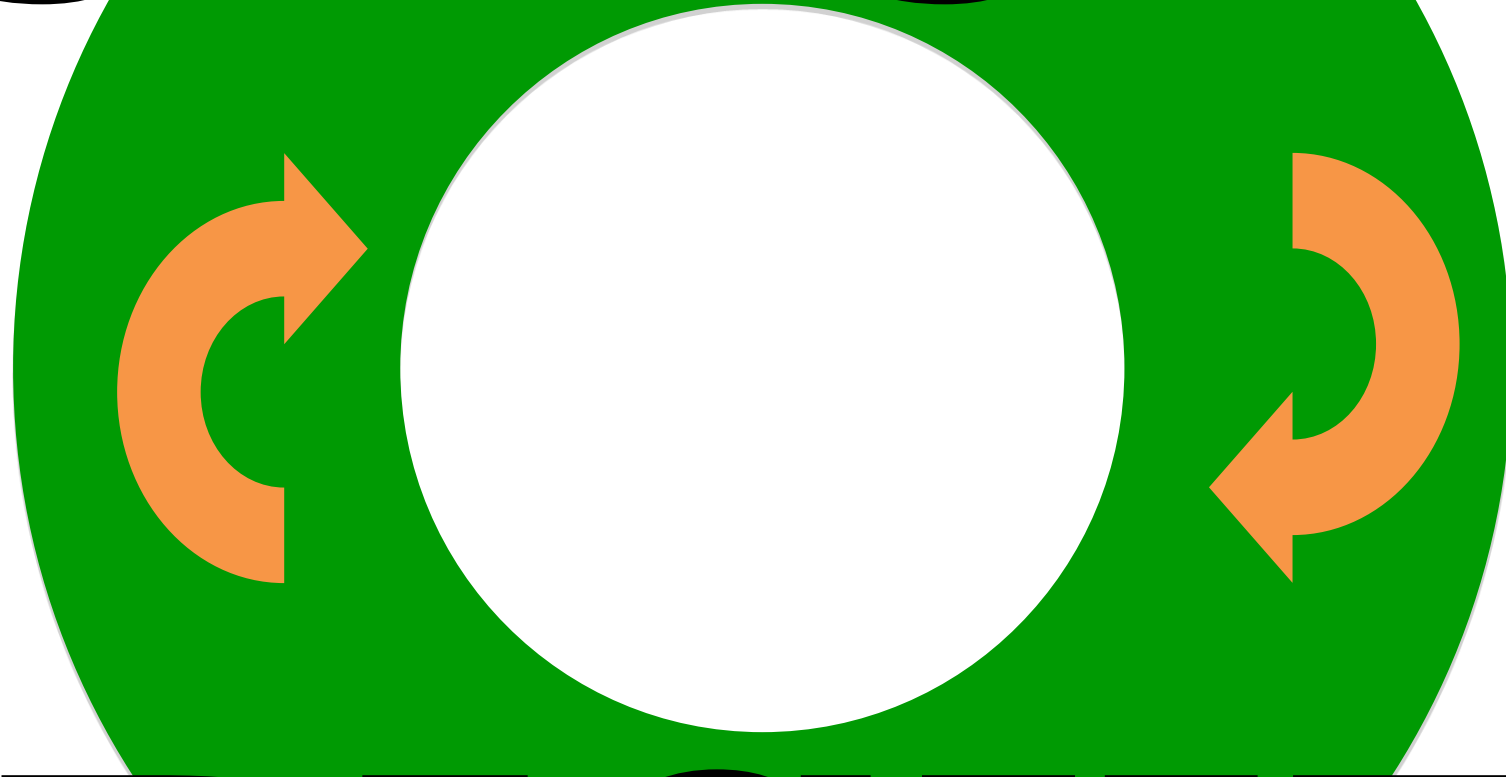
**LEFT**



## **L1-18 Circle right**

The team walks a full circle of 360° smoothly to the right.  
They end the exercise at the same point they started.

# **CIRCLE**

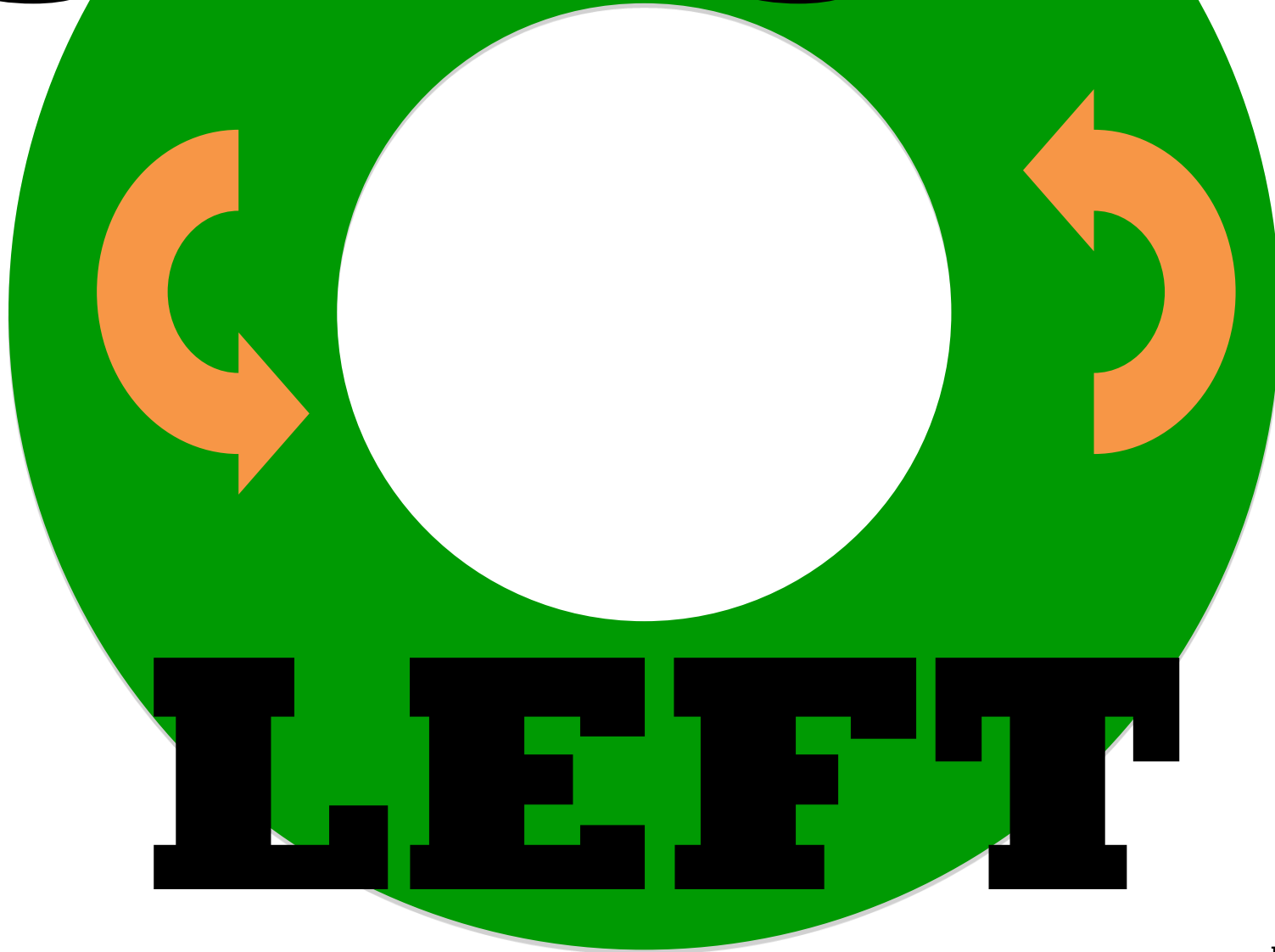


# **RIGHT**

## **L1-19 Circle left**

The team walks a full circle of 360° smoothly to the left.  
They end the exercise at the same point they started.

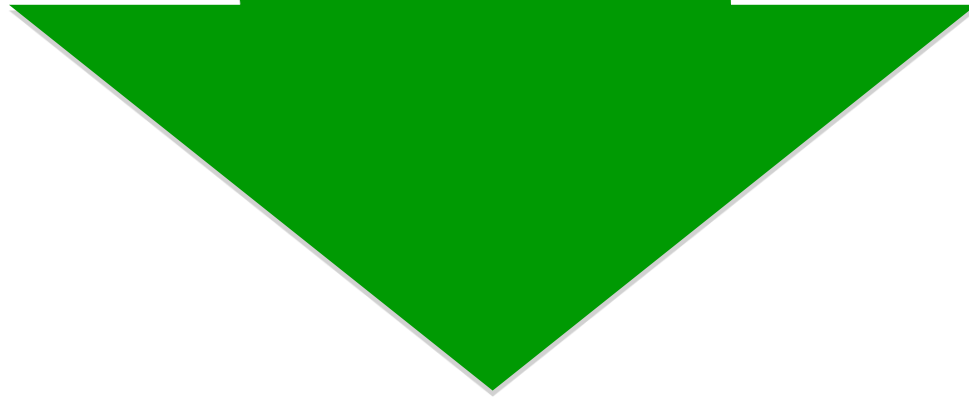
# CIRCLE



## **L1-20 Call front, right forward**

The handler stops moving forward and calls the dog to move in front of them, facing the handler. The handler may take several steps backwards in order to help the dog achieve the correct position. When the dog arrives in front he should NOT sit. He is then asked to move to the handler's left heel position by walking around the handler to the right. The dog does NOT sit. Then the team moves forward to the next station.

**CALL FRONT,**



**RIGHT**

**FORWARD**

## **L1-21 Call front, left forward**

The handler stops moving forward and calls the dog to move in front of them, facing the handler. The handler may take several steps backwards in order to help the dog achieve the correct position. When the dog arrives in front he should NOT sit. He is then asked to move to the handler's left heel position by moving directly to the left of the handler. The dog does NOT sit. Then the team moves forward to the next station.

**CALL FRONT,**



**LEFT**

**FORWARD**



## **L1-22(s) Call front, finish right**

The handler stops moving forward and calls the dog to move in front of them, facing the handler. The handler may take several steps backwards in order to help the dog achieve the correct position. When the dog arrives in front he should NOT sit. He is then asked to move to the handler's left heel position by walking around the handler to the right. The dog finishes the exercise by sitting. Then the team moves forward to the next station.



**CALL FRONT,  
FINISH RIGHT**



**STOP**

## **L1-23(s) Call front, finish left**

The handler stops moving forward and calls the dog to move in front of them, facing the handler. The handler may take several steps backwards in order to help the dog achieve the correct position. When the dog arrives in front he should NOT sit. He is then asked to move to the handler's left heel position by moving directly to the left of the handler. The dog finishes the exercise by sitting. Then the team moves forward to the next station.

**CALL FRONT,**

**FINISH LEFT**

**STOP**

## **L1-24(s) Pivot right**

The team comes to a stop in front of the station sign and the dog sits. As the handler lifts their foot to start turning right, the dog is asked to move from the sit and begin to move to the right with the handler. When both have completed the sharp 90° turn to the right, the dog sits. The team moves together with the dog remaining at the handler's heel throughout the exercise. When the handler is stationary, at the start and end of the exercise, the dog is sitting. When the handler is turning the dog is moving. The handler should move on the spot rather than walking forward or in an arc.



**RIGHT**



## **L1-25(s) Pivot left**

The team comes to a stop in front of the station sign and the dog sits. As the handler lifts their foot to start turning left, the dog is asked to move from the sit and begin to move to the left with the handler. When both have completed the sharp 90° turn to the left, the dog sits. The team moves together with the dog remaining at the handler's heel throughout the exercise. When the handler is stationary, at the start and end of the exercise, the dog is sitting. When the handler is turning the dog is moving. The handler should move on the spot rather than walking forward or in an arc.



# PIVOT





## **L1-26(s) Pivot right, 1 step**

The team comes to a stop in front of the station sign and the dog sits. As the handler lifts their foot to start turning right, the dog is asked to move from the sit and begin to move to the right with the handler. When both have completed the sharp 90° turn to the right, the team takes one step forward, then stops and the dog sits. The team moves together with the dog remaining at the handler's heel throughout the exercise. When the handler is stationary, at the start and end of the exercise, the dog is sitting. When the handler is turning the dog is moving. During the pivot the handler should move on the spot rather than walking forward or in an arc.



# PIVOT



# 1 STEP



## **L1-27 Moving sidestep right**

While heeling, the team takes a diagonal step to the right, behind the station sign, and continues moving forward. When taking the sidestep the dog should remain in heel position, moving diagonally with the handler.

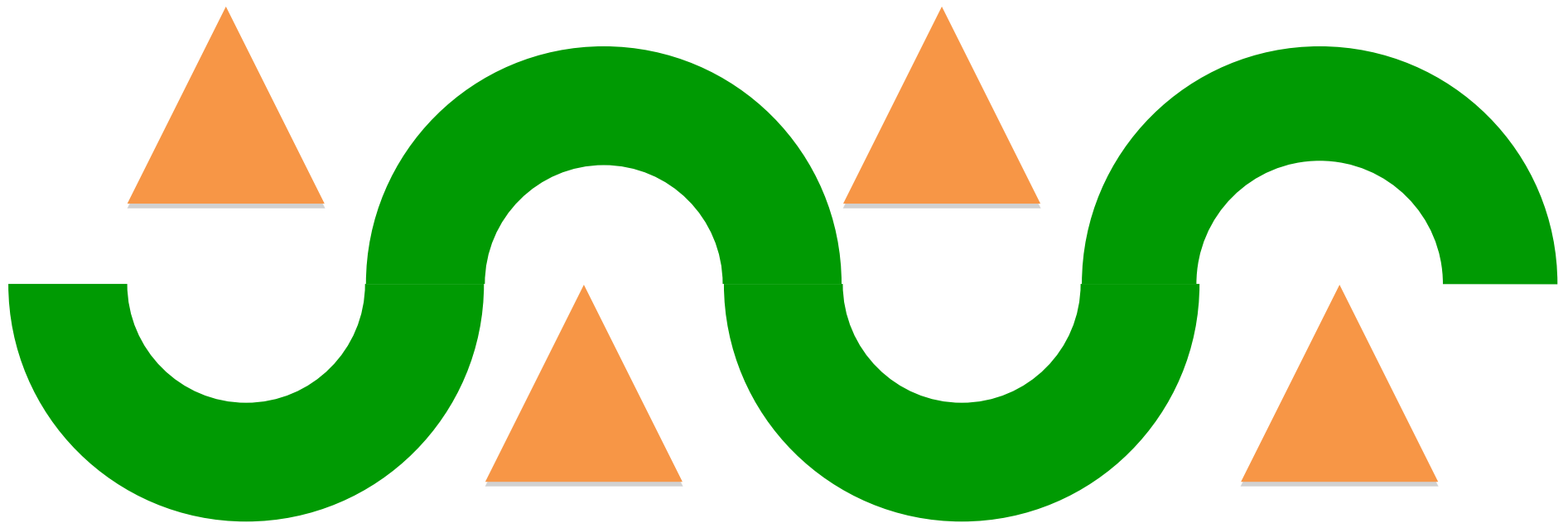
**MOVING  
SIDESTEP  
RIGHT**



## **L1-28 Slalom**

This station uses four cones, placed in a straight line approximately 1.2 – 1.8m apart. Place the station sign beside the first cone. The team heels into the slalom, entering between the first two cones moving to the left. The team continues heeling forward weaving through the cones and forward to the next station. The team can exit to the left (before cone four) or right (after cone four) depending on the location of the next station.

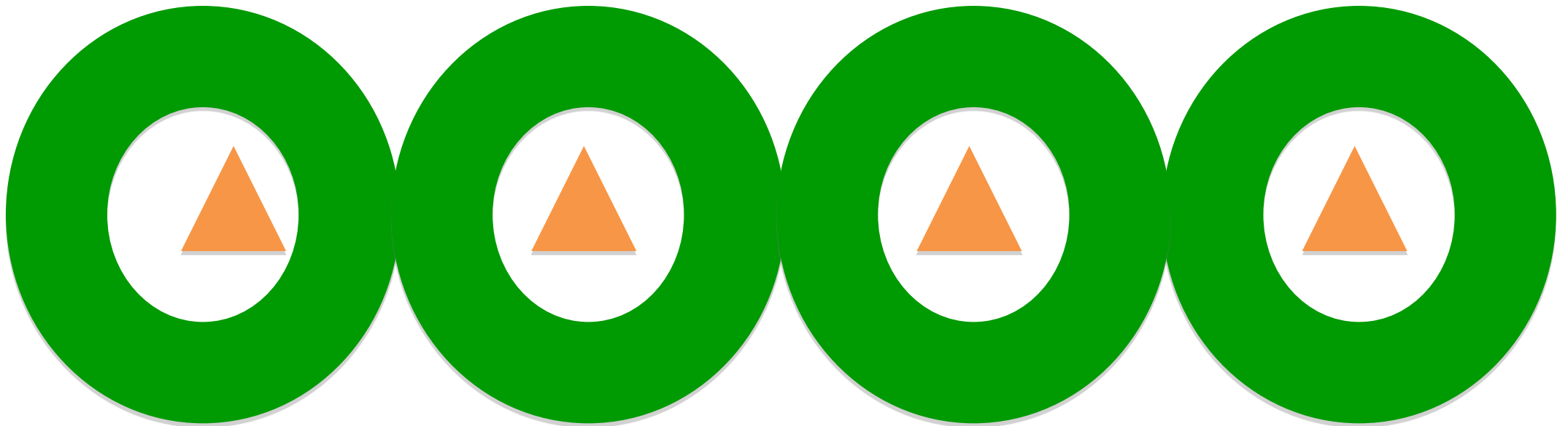
# SLALOM



## **L1-29 Return slalom**

This station uses four cones, placed in a straight line approximately 1.2 – 1.8m apart. Place the station sign beside the first cone. The team heels into the slalom, entering between the first two cones moving to the left. The team continues heeling forward weaving through the cones. At the end of the line the team walks all the way round the final cone and continues to weave back through the remaining cones. The team can end at the same point they started or may exit to the right as they pass the third cone, depending on the location of the next station.

# RETURN SLALOM





## **L1-30 Spiral right**

This station uses three cones, placed in a straight line approximately 1.5m apart. Place the station sign beside the first cone. The team heels clockwise (right) around all three cones, then around the first and second cones, then just around the first cone. The team should complete the station in one continuous movement.

**SPIRAL  
RIGHT**



## **L1-31 Spiral left**

This station uses three cones, placed in a straight line approximately 1.5m apart. Place the station sign beside the first cone. The team heels anti-clockwise (left) around all three cones, then around the first and second cones, then just around the first cone. The team should complete the station in one continuous movement.

# **SPIRAL LEFT**



## **L1-B1 Bonus – Stop, leave dog**

Note: This exercise is part of a multi-sign station. Pair this sign with L1-B2 or L1-B3.

The team stops at the station sign and the dog sits. The handler leaves the dog in the sit position and walks alone to the next station sign. The handler may either drop the lead, leaving it attached to the collar, or detach it and carry it to the next station.



**BONUS**



**STOP**



**LEAVE DOG**

## **L1-B2 Bonus – Call to heel**

Note: This exercise is part of a multi-sign station. Pair this sign with L1-B1.

On reaching the station, which is placed approx 3m away from the first sign, and without turning to face the dog, the handler stands with their back to them and calls the dog to join them at the heel position. The dog then sits. The station is complete when the dog sits beside the handler.

**CALL**

**TO**

**HEEL**





## **L1-B3 Bonus – Recall, finish left or right**

Note: This exercise is part of a multi-sign station. Pair this sign with L1-B1.

On reaching the station, which is placed approx 3m away from the first sign, the handler turns to face the dog and calls him back to them. The dog should sit in front of the handler. Then the handler asks the dog to finish at their left heel, by walking around the handler to the right, or left, directly to heel position, where the dog ends the station in a sit. The handler must tell the judge if they have chosen left or right heel finish at the time they elect to do the bonus station.



**BONUS**

**FACE DOG,  
RECALL,  
FINISH  
L / R**

